

SILHOUETTE-LIFT

The SILOUETTE-LIFT is suitable for patients who have relatively mild but noticeable mid facial droop, or who have mild or moderate loosening of the neck skin. It is suitable for patients who want a relatively rapid return to normal life after procedure, and for those that want to achieve a subtle younger looking appearance without the constraint of a traditional face-lift.

The procedure is performed as day case surgery usually under local anaesthetic and takes about 60 minutes. A single small incision is made on each side of the head above the hairline in the temple region. Four threads are then passed through the superficial tissues of the face (above the facial muscles but below the dermis layer of the skin) toward the nasolabial fold. Tension is applied to the threads (which have tiny regular absorbable cones at regular intervals) to lift and suspend the mid-face.

The neck profile can be improved by use of a liposuction in the chin, and then two threads inserted from each side using a small incision in the hairline behind the ear.

The Silhouette-Lift has been reported to give good results for patients followed up for the first two years after surgery. The threads can be re-advanced if further surgery is required at a later date, the technique can be used to adjust or improve a previous traditional face-lift. The technique can be used to lift the eyebrow and has been used to lift the buttocks. It can be used in association with other strategies such as botox™ injections, fillers or other procedures such as blepharoplasty or rhinoplasty.

RISKS are associated with all surgery including infection, bleeding and prolonged swelling. Risks particular to this operation include a rare need to return for correction of dimpling in the cheek, palpability of the suspension cones (this has not been reported but seems a possibility, asymmetry and earlier than desired recurrence. The effect of all surgery is to some extent variable. This technique has been used, using this particular thread since the early part of this decade. Patients are recommended to visit the thread manufactures website www.silhouette-lift.com.